

Premium Rates for Standard Individual Health Plans May 2012

Rates may vary depending upon the month in which you enroll.
To verify the rates listed below, please call applicable HMO directly.

Essex County

HMO **What You Pay Per Month**

Capital District Physicians' Health Plan, Inc.
518/641-3700
800/777-2273

	HMO	POS
Individual	\$1,092.76	\$1,428.28
Family	\$2,841.16	\$3,713.52

HMO **What You Pay Per Month**

Excellus Health Plan, Inc.
d/b/a Upstate HMO (Utica Operating Region)
315/798-4384
800/722-7884

	HMO	POS
Individual	\$1,398.54	\$1,623.30
Double	\$2,699.17	\$3,132.95
Family	\$3,678.04	\$4,373.20

HMO **What You Pay Per Month**

MVP Health Plan, Inc.
518/388-8888
888/687-6277

	HMO	POS
Individual	\$1,189.68	\$1,479.69
Husband/Wife	\$2,379.36	\$2,959.39
Parent & Child(ren)	\$2,260.39	\$2,811.42
Family	\$3,331.10	\$4,143.14

HMO **What You Pay Per Month**

Empire HealthChoice HMO, Inc.
d/b/a Empire BlueCross HMO
800/662-5193

	HMO	POS
Individual	\$1,025.23	\$1,280.95
Husband/Wife	\$2,050.46	\$2,561.90
Parent & Child(ren)	\$1,906.93	\$2,382.56
Family	\$3,178.21	\$3,970.95

HMO **What You Pay Per Month**

HealthNow New York, Inc.
d/b/a Community Blue
Blue Shield of Northeastern New York
518/453-5800
800/459-7587

	HMO	POS
Individual	\$1,060.75	\$1,215.05
Family	\$2,804.94	\$3,212.01