

# Premium Rates for Standard Individual Health Plans May 2012

Rates may vary depending upon the month in which you enroll.  
To verify the rates listed below, please call applicable HMO directly.

## Lewis County

**HMO**

**What You Pay Per Month**

**Excellus Health Plan, Inc.**  
**d/b/a Upstate HMO (Utica Operating Region)**  
**315/798-4384**  
**800/722-7884**

	<b>HMO</b>	<b>POS</b>
Individual	\$1,398.54	\$1,623.30
Double	\$2,699.17	\$3,132.95
Family	\$3,678.04	\$4,373.20

**HMO**

**What You Pay Per Month**

**MVP Health Plan, Inc.**  
**518/388-8888**  
**888/687-6277**

	<b>HMO</b>	<b>POS</b>
Individual	\$1,144.25	\$1,412.98
Husband/Wife	\$2,288.50	\$2,825.95
Parent & Child(ren)	\$2,174.07	\$2,684.65
Family	\$3,203.89	\$3,956.33