

Premium Rates for Standard Individual Health Plans May 2012

Rates may vary depending upon the month in which you enroll.
To verify the rates listed below, please call applicable HMO directly.

St. Lawrence County

HMO

What You Pay Per Month

Excellus Health Plan, Inc.
d/b/a Upstate HMO (Utica Operating Region)
315/798-4384
800/722-7884

| | HMO | POS |
|------------|------------|------------|
| Individual | \$1,398.54 | \$1,623.30 |
| Double | \$2,699.17 | \$3,132.95 |
| Family | \$3,678.04 | \$4,373.20 |

HMO

What You Pay Per Month

MVP Health Plan, Inc.
518/388-8888
888/687-6277

| | HMO | POS |
|---------------------|------------|------------|
| Individual | \$1,189.68 | \$1,479.69 |
| Husband/Wife | \$2,379.36 | \$2,959.39 |
| Parent & Child(ren) | \$2,260.39 | \$2,811.42 |
| Family | \$3,331.10 | \$4,143.14 |