

Premium Rates for Standard Individual Health Plans May 2012

Rates may vary depending upon the month in which you enroll.
To verify the rates listed below, please call applicable HMO directly.

Washington County

HMO What You Pay Per Month

Capital District Physicians' Health Plan, Inc.
518/641-3700
800/777-2273

	HMO	POS
Individual	\$905.16	\$1,189.26
Family	\$2,353.43	\$3,092.10

HMO What You Pay Per Month

Empire HealthChoice HMO, Inc.
d/b/a Empire BlueCross HMO
800/662-5193

	HMO	POS
Individual	\$1,025.23	\$1,280.95
Husband/Wife	\$2,050.46	\$2,561.90
Parent & Child(ren)	\$1,906.93	\$2,382.56
Family	\$3,178.21	\$3,970.95

HMO What You Pay Per Month

GHI HMO Select, Inc.
d/b/a GHI HMO
914/340-2300
877/244-4466

	HMO	POS
Individual	\$2,166.45	\$2,599.68
Family	\$5,524.46	\$6,629.16

HMO What You Pay Per Month

HealthNow New York, Inc.
d/b/a Community Blue
Blue Shield of Northeastern New York
518/453-5800
800/459-7587

	HMO	POS
Individual	\$1,060.75	\$1,215.05
Family	\$2,804.94	\$3,212.01

HMO What You Pay Per Month

MVP Health Plan, Inc.
518/388-8888
888/687-6277

	HMO	POS
Individual	\$1,113.20	\$1,367.38
Husband/Wife	\$2,226.40	\$2,734.77
Parent & Child(ren)	\$2,115.08	\$2,598.03
Family	\$3,116.97	\$3,828.68