

## 2012 Healthy NY Rates By County

Please note premium rates are subject to change.  
Be sure to contact the HMO directly to verify current rates.

### Tioga County

**Aetna Health, Inc.**  
Healthy New York Program  
3 Independence Way  
4th Floor  
Princeton, NJ 08540

1-866-386-1371

#### *What You Pay Per Month*

| Plan Type           | w/ drugs    | w/o drugs   | HDHP w/<br>drugs | HDHP w/o<br>drugs |
|---------------------|-------------|-------------|------------------|-------------------|
| Individual          | \$ 487.00   | \$ 430.00   | \$ 376.00        | \$ 330.00         |
| Two Adult           | \$ 974.00   | \$ 861.00   | \$ 752.00        | \$ 660.00         |
| Parent & Child(ren) | \$ 901.00   | \$ 796.00   | \$ 696.00        | \$ 611.00         |
| Family              | \$ 1,509.00 | \$ 1,334.00 | \$ 1,166.00      | \$ 1,023.00       |

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#### Capital District Physicians' Health Plan

500 Patroon Creek Corporate Center  
Albany, NY 12206

1-800-993-7299 - Sm. Group/Sole Prop.

1-800-777-2273 - Individuals

#### *What You Pay Per Month*

| Plan Type           | w/ drugs    | w/o drugs | HDHP w/<br>drugs | HDHP w/o<br>drugs |
|---------------------|-------------|-----------|------------------|-------------------|
| Individual          | \$ 373.38   | \$ 316.88 | \$ 299.82        | \$ 253.99         |
| Two Adult           | \$ 746.77   | \$ 633.77 | \$ 599.64        | \$ 507.98         |
| Parent & Child(ren) | \$ 709.43   | \$ 602.08 | \$ 569.66        | \$ 482.58         |
| Family              | \$ 1,045.48 | \$ 887.28 | \$ 839.49        | \$ 711.17         |

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#### **Excellus Health Plan, Inc. d/b/a Excellus Blue Cross and Blue Shield Central New York Region**

Individuals/Sole Proprietors:  
P.O. Box 22999  
Rochester, NY 14692

1-800-462-0108

Small Groups:  
165 Court Street  
Rochester, NY 14647

1-877-872-9308

#### ***What You Pay Per Month***

| <b>Plan Type</b>    | <b>w/ drugs</b> | <b>w/o drugs</b> | <b>HDHP w/<br/>drugs</b> | <b>HDHP w/o<br/>drugs</b> |
|---------------------|-----------------|------------------|--------------------------|---------------------------|
| Individual          | \$ 367.57       | \$ 219.08        | \$ 297.37                | \$ 171.03                 |
| Two Adult           | \$ 830.71       | \$ 495.13        | \$ 672.06                | \$ 386.55                 |
| Parent & Child(ren) | \$ 568.92       | \$ 339.40        | \$ 460.27                | \$ 264.95                 |
| Family              | \$ 1,003.08     | \$ 598.41        | \$ 811.53                | \$ 467.17                 |

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### Tioga County

**MVP Health Plan, Inc.**  
625 State Street  
Schenectady, NY 12305

1-518-370-4793  
1-888-MVP-MBRS

#### *What You Pay Per Month*

| <b>Plan Type</b>    | <b>w/ drugs</b> | <b>w/o drugs</b> | <b>HDHP w/<br/>drugs</b> | <b>HDHP w/o<br/>drugs</b> |
|---------------------|-----------------|------------------|--------------------------|---------------------------|
| Individual          | \$ 364.25       | \$ 299.24        | \$ 289.34                | \$ 227.11                 |
| Two Adult           | \$ 728.50       | \$ 598.48        | \$ 578.68                | \$ 454.22                 |
| Parent & Child(ren) | \$ 710.31       | \$ 583.54        | \$ 564.23                | \$ 442.88                 |
| Family              | \$ 1,047.22     | \$ 860.32        | \$ 831.85                | \$ 652.94                 |